

Sunshine Group Activity Ideas - 6th April 2020

Hi all,

We hope you are keeping safe and well during these very crazy times! The Bath House is very quiet without the children, we miss hearing them laugh and sing and chat with us and their friends!

I'm sure you are having lots of fun at home, and finding some exciting things to do, but we wanted to share some activity ideas with you, to keep us all connected, so we hope you enjoy trying some of them! If you do, perhaps you could send a photo back to us and we could create a 'gallery' of the children's work on the YouTube channel, which we also hope you are enjoying looking at, there are new things appearing all the time so keep an eye out!

I'm hoping to send some more activity ideas once a week, created and shared by our staff team. I'm sure you have lots of your own, but hopefully it will be nice for your children to know that they have come from us and we're thinking of them! (sorry some of them might be a little blurry, but just some ideas..!)

I know Easter will be very different for us all this year, not visiting family as you would normally, but hoping you get to celebrate in some way, I've included some Easter craft ideas which you might enjoy..

Best wishes from Sara and The Sunshine Team

Roberta recommends this pancake recipe, her son Alex loves them, and she says that they are super easy to make!

Jamie Oliver's Pancakes USA Style

- **Ingredients**

- 3 large free-range eggs
- 115 g plain flour
- 1 heaped teaspoon baking powder
- 140 ml milk

- **Method**

- First separate the eggs, putting the whites into one bowl and the yolks into another.
- Add the flour, baking powder and milk to the yolks and mix to a smooth thick batter.
- Whisk the whites with 1 pinch of sea salt until they form stiff peaks, then fold into the batter – it is now ready to use.
- Heat a non-stick pan over a medium heat, pour some of the batter into the pan and cook for a couple of minutes, or until it starts to look golden and firm.
- At this point sprinkle your chosen flavouring (see below) onto the uncooked side before loosening with a spatula and flipping the pancake over. Continue frying until both sides are golden.
- You can make these pancakes large or small, depending on what you prefer. Serve them with a drizzle of maple syrup, or even with some butter or crème fraîche. If you choose to sprinkle with a flavouring, try one of these... fresh corn from the cob, crispy bacon or pancetta, blueberries, banana, stewed apple, grated chocolate – anything else you can imagine...



Aurkene made this bread recipe with the children a few weeks ago, they might remember it, and can help you bake!

Bread Recipe from Aurkene

Ingredients:

- * 1 cup flour
- * 1/2 cup milk
- * 1/2 tsp (tea spoon) salt and baking powder
- * 2 tbsp (big spoon) mayonnaise
- * Bowl
- * Baking tray

How to make it ...

First, put all the ingredients in a bowl, in this case it would be 1 cup flour, 1/2 cup milk, 1/2 tsp salt and 1/2 tsp baking powder, 2 tbsp mayonnaise.

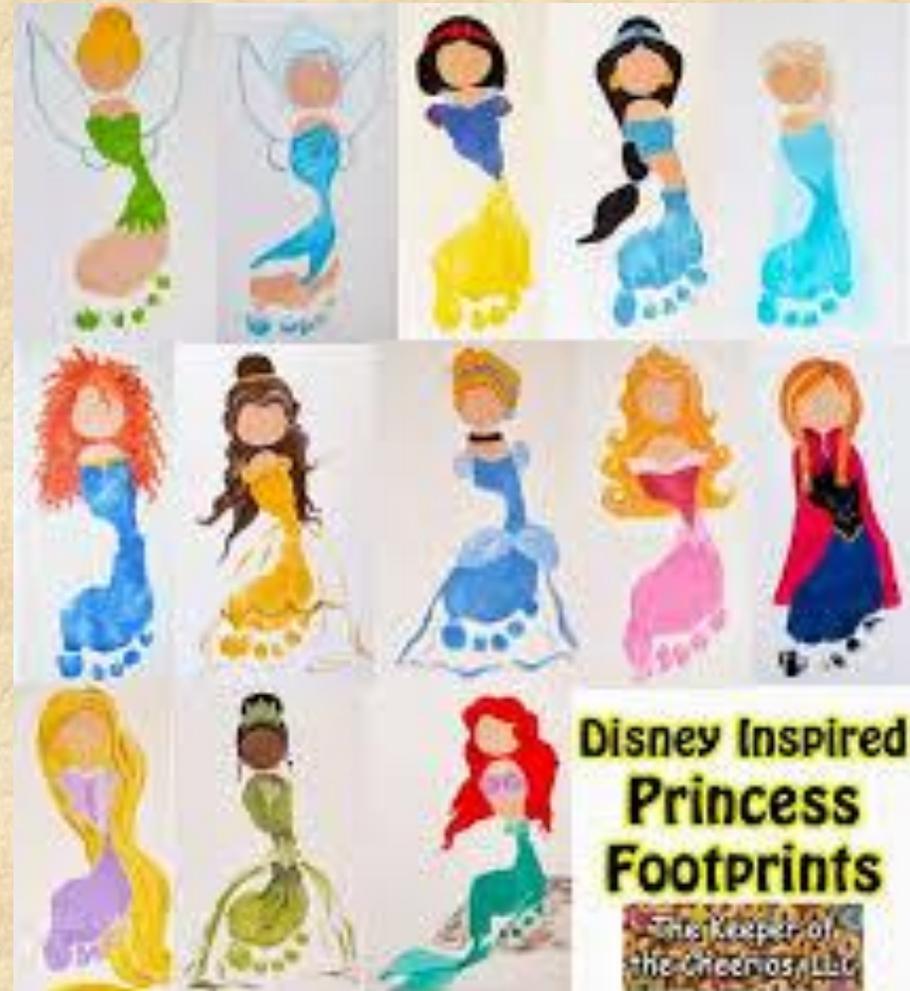
After putting in all the ingredients, give them a mix. If you see that it is too liquid, add more flour.

After this, shape it into any form, for example, snake, snail... When you are done, put in on the baking tray.

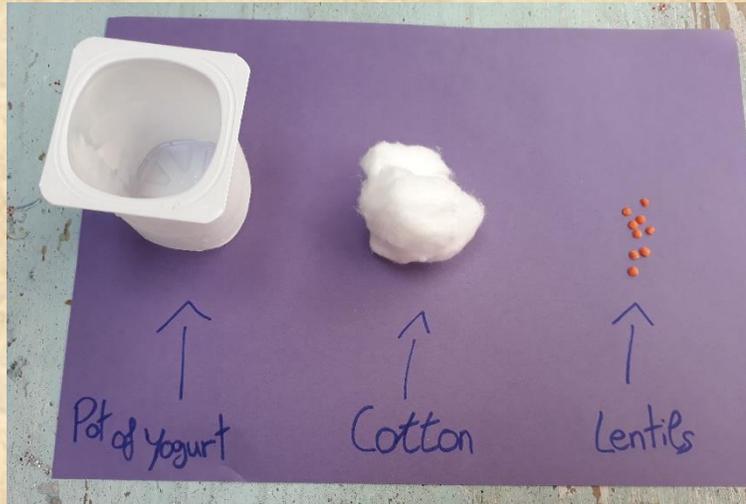
Finally, put it in the oven. Recommended the oven at 200 degrees for 20 minutes. If you see that needs more cooking leave it for a bit longer.

Enjoy it bakers! 😊 Love, Aurkene

Senay sent this lovely painting activity ..for the brave!



A planting activity from Aurkene..



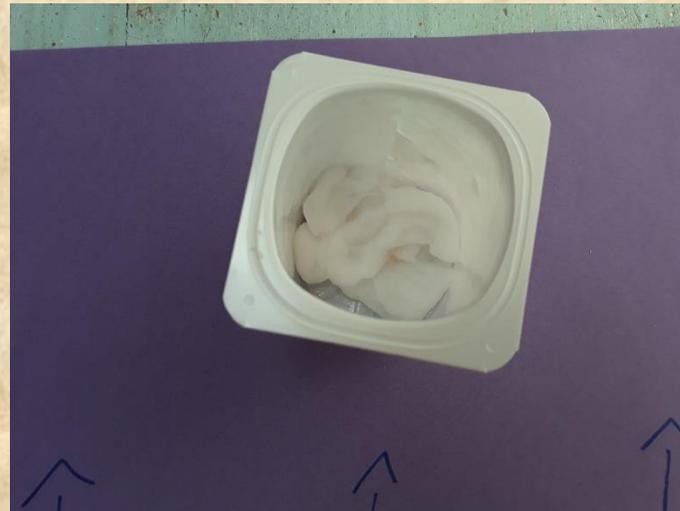
Plant the flower

Materials:

- * Cotton wool
- * 5-6 lentils
- * A plastic cup (If you do not have it, an old yogurt pot will do)

How to make it...

First, we need to wet the cotton wool, it has to be very wet. We will put it in a plastic cup(or in the yogurt pot). Then, we will put the lentils inside the cotton. Around 5 days, the plant will start to come out.



Remember, the cotton wool has to be wet always!!

Enjoy!

Some Easter crafts ideas..



theresourcefulmum.com

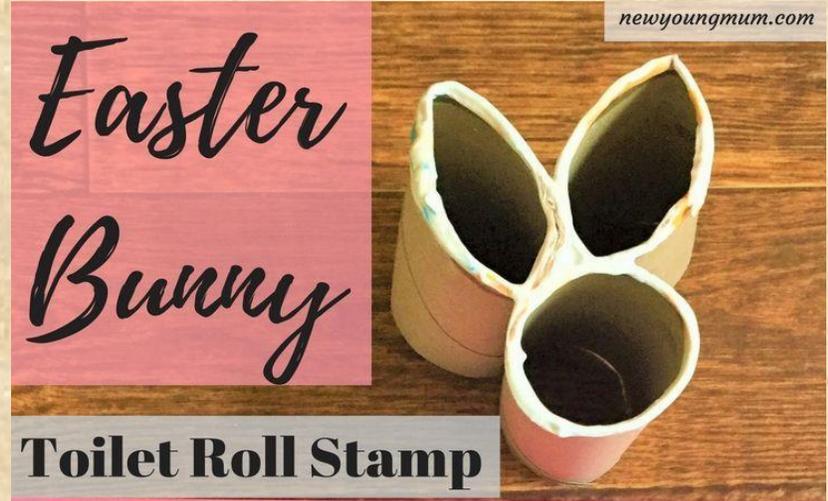
From Maureen...



easypeasyandfun.com



Senay...



newyoungmum.com



and Sara..

..some egg decorating ideas from Majella..

Decorating eggs

606 Covering an egg

You don't need the yolk and egg white.

1. Tap an egg sharply on the rim of a mug to make a crack. Hold the egg over the mug, then use your thumbs to gently break the egg in half.
2. Rinse the two pieces of shell under running water and leave them to dry. Then, carefully brush white glue along one of the cracked edges.
3. Fit the other half of the shell on top, matching the cracked edges if you can. Then, brush glue around the crack to seal it. Put it into an egg carton to dry.
4. Rip up lots of small pieces of tissue paper. Then, brush half of the egg with glue. Press tissue paper all over the glue, then brush more glue on top.
5. When the glue is dry, brush the other half with glue and cover it with pieces of tissue paper. Brush it with more glue and leave it to dry.

608 Paper patterns

Cover an egg. Then, cut out shapes from tissue paper and glue them onto it.

607 Painted eggs

Paint patterns onto covered eggs. Decorate half of the egg first, let the paint dry, then paint the rest.

228

609 Rocking egg

Make an egg that rocks front to back by gluing a piece of poster tack into the bottom of the egg. Then, glue the pieces back together again.

611 Easter bunny

Make a bunny. Cut out long paper ears and glue them on top of the egg.

612 Baby eggs

Make a baby bunny or chick using a small egg.

615 Chick

Make a wobbling chick. Cut out wings and the beak from paper.

610 Monster eggs

Cover an egg, then glue on eyes and a mouth. Cut horns from thin cardboard, then fold the bottoms into happy-glue from onto the egg.

Use the ideas and patterns here to paint different expressions on a monster egg.

...and Senay



Turquoise
2 drops green
5 drops blue

Apricot
4 drops green
1 drop pink

Raspberry
6 drops pink
1 drop blue

Deep Purple
7 drops blue
3 drops pink

Sky Blue
1 drop purple
9 drops blue
2 drops green

Green Apple
20 drops green
2 drops blue


Featuring McCormick
NEON Food Colors
www.mccormick.com

A game from Aurkene..

Volleyball

Let's play volleyball!

For this game, we need a balloon. If we do not have a balloon, a ball is fine, but a soft ball.

First, we have to inflate the balloon, then tie a knot. When the balloon is ready, we can start playing. We will try that the balloon does not touch the ground.

During the game, we can count how many touches we are doing, one, two,...ten.

And now, can you try counting in Spanish? Uno, dos, tres, cuatro, cinco, seis, siete, ocho, nueve y diez.

*If we think that with one balloon is easy, we can try with more!!!

Enjoy!

..and some yoga from Angelica..



Some fun links you might like..

Angelica is very talented in paper cutting, drawing, and arts and crafts, and has recommended these YouTube clips..

- How to Draw Any Animal with Your Hand

<https://youtu.be/Lf5F9oJFjgo>

- Paper bird flying

<https://youtu.be/FOUIr7IIm1s>

- Aurkene also sent some songs you might like-

https://youtu.be/JoF_d5sgGgc

- Roberta sent this lovely 'Marbled Easter Egg' activity

<https://typicallysimple.com/marbled-paper-easter>

Have a good Easter everyone!